



SPRING BREAK PROGRAMS @ EMCS MARCH 16-20

STRENGTH & SPEED

EMCS WEIGHT ROOM
AGES 9-12
12:15PM-3 PM
PRICE: \$150+ GST

FOOTBALL CAMP

EMCS FIELD
AGES 9-12
TIME: 9AM-11:45AM
PRICE: \$150+GST

VOLLYEBALL

EMCS GYM
AGES 11-13
9AM-11:45 AM

AGES 14-18
12:15PM-3 PM
PRICE: \$150 +GST

DAILY DROP-IN

EMCS
ASSORTED ACTIVITIES

AGES 9-12
9AM - 12PM

AGES 13-18
12PM-2PM
FREE

REGISTER ONLINE OR CALL



250-642-6371

